



PLAYBOOK CLIMBING

Location: De Klimmuur, Rotterdam
Date: 8 June 2024
Match times: 1pm - 9pm

Committee contact person: Christiaan Biesterbosch

All information: <https://www.gnsk.nl/> and/or GNSK 2024 app

Committee composition

The climbing committee consists of the following people:

Full name	Function	Phone number
Christiaan Biesterbosch	President climbing committee GNSK + EHBO	
Thomas van der Tooren	Member climbing committee GNSK	
Casper Seinen	Member climbing committee GNSK	
Stefan Looren de Jong	Member climbing committee GNSK	
Lotte Slis	Member climbing committee GNSK	

The committee can be reached at the following e-mail address: gnsk@rsac.alpenclub.nl.

Timetable

The qualification starts at 1pm and finishes at 6pm. From 12pm, De Klimmuur will be open and the climbing committee will be present. Each participant can have lunch between 12pm and 3pm (facilitated by the GNSK-organization), with the competition programme continuing.

After the qualification ends and before the finals start, there is the possibility to join the BBQ. For more information see the section about 'Catering'.

The finals start at 7pm. The award ceremony for the men's and women's tournament will be afterwards on Saturday evening around 8pm at De Klimmuur. From 8pm the party starts at the student association RSC/RVSV.

The award ceremony of the city ranking will take place on Sunday around 5pm at the Sportcafé at the Erasmus Sports Building.

Climbing related issues

It is important to read through the regulations (*see at the very end of this playbook*) for all participants and team officials.

You are required to bring your own climbing gear: shoes, harness, belay device, and a safe biner. The safe biner is needed for clipping into the rope. It's not allowed at Klimmuur to tie in with a figure-eight knot when top roping.

For the qualifiers a K2 status (toprope) needs to be registered in Klimmuur's system. If possible, please do this beforehand to save time during check-in. For the finals a K3 status (lead climbing) needs to be registered in Klimmuur's system, this will not be possible to do on the day itself due to instructor availability. To participate in the qualifiers and finals, make sure you have the required qualifications before the start of the event registered in the system of De Klimmuur.

There will be dinner provided at the Klimmuur for a cost of 6 euros. The dinner will be a BBQ. For those who signed up for the Erasmus Sport dinner, your sign-up has been transferred to this event as there is not enough time in the schedule to travel to the campus and back. You can sign-up for the BBQ here: <https://forms.gle/itZ1ZbbcXCmFZ7Ph9>, the deadline for the sign-up is 2nd of June 23:59.

The competition will be a flash competition. Everyone gets one chance for every route, and for the qualifiers, your score will be based on the zones you reached in a route. You will register your attempts yourself during the qualification, on a form provided at check-in.

The best 3 of the men and the best 3 of the women will continue to the finals. If a finalist does not have a K3 status (lead climbing) in the Klimmuur system and there is no instructor available to check their qualification, they will be disqualified for the finals and the next best student will take their place.

You are free to warm up or cool down on non-competition routes, as long as they don't share a rope with a competition route.

Competition venue

The climbing tournament is organized at De Klimmuur Rotterdam. The address is: Prinsenlaan 910, 3062 CT Rotterdam.

Before sports can be played at the competition venue, registration is required at the registration desk in the Erasmus Sports Building or at De Klimmuur (*see below for more information*).

The committee is located at the reception and can be recognized by their GNSK t-shirts.

Changing rooms

The men's and women's changing rooms are in the hallway under the stairs. Both changing rooms have showers. In the hallway, there are also the toilets. There are no lockers available, you can leave small stuff like keys and your phone at reception. Larger stuff can be left in the changing rooms or on the shelves next to the hallway.

There's a boulder and spray wall available on the second floor. Take the stairs to the balcony and walk to the other side. There you can take the first flight of stairs to the boulder area. The second flight of stairs takes you to a fitness area.

Bringing your own consumptions to De Klimmuur unfortunately is not allowed during this event.

De Klimmuur is easily accessible by bike or car in maximum 10 minutes from Erasmus Sport, but also by public transport.

Public transport

Take the bus to Huslystraat stop (line 36).

Car

There is free parking in front of De Klimmuur.

Registration GNSK 2024

Signing up and registering for the GNSK 2024 must be done before participating in the sports tournament. This can be done on Friday and Saturday at the registration desk in the Erasmus Sports Building or at De Klimmuur. The address of the Erasmus Sports Building is: Burgemeester Oudlaan 50, 3062 PA Rotterdam. The address of De Klimmuur is: Prinsenlaan 910, 3062 CT Rotterdam.

You can register at the following times at the Erasmus Sports Building:

- Friday 7 June: 3pm to 8pm
- Saturday 8 June: 8am to 1pm

You can register at the following times at De Klimmuur:

- Saturday 8 June: 11.30am to 1pm

You must be able to provide the following documents before applying:

- Valid certificate of registration from the educational institution, or certificate of graduation after 1 January 2023 (*only required for participants, not for team officials*)
- Valid accreditation card on the GNSK 2024 app (*see below GNSK 2024 app*)
- Valid passport, ID card or driving licence

After this is done, participants and team officials can go to the competition venue with a valid accreditation.

Transport to Erasmus Sports Building

At the Erasmus Sports Building several sports tournaments will be organised, breakfast, lunch and dinner will be served and all participants and team officials should sign in and register here. The address is: Burgemeester Oudlaan 50, 3062 PA Rotterdam.

Public transport

Erasmus Sport is very easy to reach by bicycle or public transport. If you come to Rotterdam by train, there are 3 ways to get to Erasmus Sport from Rotterdam Central Station:

- Public transport bike rental at Central Station
- Metro to stop Kralingse Zoom (take line D towards De Akkers or line E towards Slinge and change at stop Beurs to line A towards Binnenhof, line B towards Nesselande or line C towards De Terp)
- Tram to Burgemeester Oudlaan stop (line 7 towards Woudestein) or Oude Plantage stop (line 21 or 24 towards De Esch)

Car

If you come by car, you can park in the Erasmus University car park. Exit 7 is the quickest way to the Erasmus Sports Building.

An exit ticket for the car park costs €5 and can be obtained from the Erasmus Sports service desk. The exit ticket entitles you to a single exit and is therefore independent of how long you have parked. Without an exit ticket, parking is free for up to 19 minutes, after that the parking fee is €1.50 per hour and must be paid at the ticket machine before you can exit.

Map

Check out the campus map here: <https://www.eur.nl/media/93788>.

GNSK 2024 app

Once again this year there is the GNSK app containing all information about the GNSK, such as first aid, party and competition programmes. Importantly, the app is used for accreditation during the GNSK and every participant and team official must download this app. In the following steps, you can download the app and request your personal accreditation:

Step 1: Download the GNSK app [for Android](#) or [for Apple](#)

Step 2: Open the GNSK app and click on the three bars in the top left corner

Step 3: Click on 'accreditation card'

Step 4: Enter your phone number

Step 5: Enter the verification code you receive in a SMS

Catering

All meals at the GNSK 2024 are vegetarian. Bringing your own consumptions to De Klimmuur unfortunately is not allowed during this event.

Breakfast

Breakfast on Saturday and Sunday mornings is open only to participants, team officials and volunteers who use the campsite with breakfast. The breakfast buffet will be facilitated in the Hatta building (opposite the Erasmus Sports Building). A person can walk past the breakfast buffet a maximum of 1 time and everyone should clean up his/her leftovers and waste neatly. Breakfast lasts from 7 to 9 am and shifts will be announced during the weekend.

Breakfast consists of bread with toppings (butter, hummus, cheese, chocolate spread, peanut butter) and fruit.

Lunch

Lunch will be provided on Saturday for all participants, team officials and volunteers participating and/or operating on this day. Between 12 and 3pm, the lunch will be available at the seating area next to reception. The competition programme will continue without interruption during lunch, so participants must take this into account themselves in terms of planning.

Lunch consists of bread with toppings (butter, hummus, cheese, chocolate spread, peanut butter) and fruit.

Dinner Friday

Dinner on Friday is open only to participants and team officials who have purchased it when registering. Dinner will be served in the Erasmus Sport Café and can then be eaten in the Hatta Building (opposite the Erasmus Sports Building). Everyone can walk past the buffet 1 time and should clean up his/her leftovers and waste neatly. Dinner lasts from 5pm to 8pm and shifts will be announced during the weekend.

The dinner on Friday consists of veggie sausage with jacket potatoes, eggplant, paprika, courgette, onion and chickpeas, complemented by a delicious fresh salad with cucumber and tomato.

Dinner Saturday

Contrary to what was intended during registration, a BBQ will be organised at the climbing wall between qualification and finals especially for only the participants of the climbing tournament. Every participant and team official who have purchased dinner for Saturday when registering, will be changed into a purchased dinner for the BBQ at De Klimmuur.

If you haven't signed up for dinner yet, please do so here: <https://forms.gle/itZ1ZbbcXCmFZ7Ph9>, the deadline for the sign-up is 2nd of June 23:59.

The BBQ on Saturday consists of (vegetarian) sausages, (vegetarian) burgers, salads, condiments and baguettes.

Campsite

The campsite is at the Rotterdam Student Football Association Antibarbari, a stone's throw from Erasmus Sport. The address is: Kralingse Zoom 100, 3063 NC Rotterdam.

There is only use of the campsite if this is indicated when registering for GNSK 2024. Participants who have done so will spend the night on a grassy field and should bring their own tent and sleeping gear for this purpose. It is important to bring a tent suitable for the number of people who will sleep in it. If you bring a tent that is too big for the number of people that will sleep in it, the organisation may refuse the tent.

When you arrive at the campsite for the first time, you will have to report to the volunteers at the entrance and show your accreditation in the GNSK app. You can do this on Friday between 2pm and midnight and on Saturday between 8am and 8pm. The volunteers will assign you a spot, so if you want to camp together, make sure you arrive at the same time.

Every next time you want to enter the campside, you will have to show your accreditation in the GNSK app to security. So make sure your phone is charged!

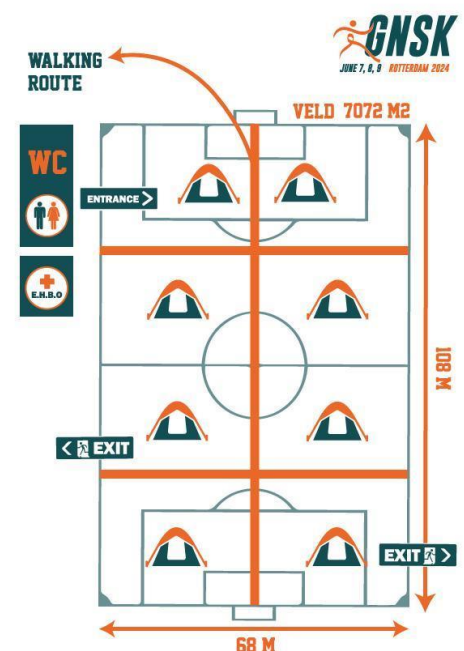
The campsite has toilets, drinking water and about 10 power points. So bring an extra battery or power bank to charge your phone overnight. Participants can shower at the sports venue of their sport.

Public transport

Tram to Nesserdijk stop (line 21 or 24 towards De Esch) or metro to Kralingse Zoom stop (line A, B or C + 10-minute walk).

Car

You can park your car temporarily (maximum 10 minutes) at the campsite for loading and unloading. To do so, use entrance RHV Leonidas (address: Toepad 95). After loading and unloading, you can park your car at Erasmus University (see above).



Opening ceremony

The opening ceremony starts on Friday 7 June at 7pm at the Erasmus Sports Building. All GNSK participants are welcome to attend! The programme is as follows:

- Start of the opening ceremony at 7pm
- Official opening at 7.30pm, including the OSSO award ceremony and the opening of the obstacle run
- Drinks from 20.00 to 22.00, with the opportunity to watch the beach volleyball matches and challenge the obstacle run

Party

This year's party will take place on Saturday 8th of June at the student association RSC/RVSV. The address is: Robert Baeldestraat 55, 3061 TH Rotterdam.

Participants, team officials, volunteers, supporters and other party enthusiasts can only gain access to the party if a ticket has been purchased in advance. This may have been done when registering for the GNSK 2024, or later via the Erasmus Sport webshop (see below for more information). There will be no ticket sales at the door.

From 20.00 you are welcome to join us for sparkling music, tasty drinks and a spacious dance floor to show off your moves. The music will be turned off at 01.00 and the last students will have to leave the party venue at 01.30 at the latest.

A ticket costs €10, with which you will receive a free drink (beer, wine or soft drink). The venue is easy to reach by bike and, if necessary, on foot.

Ticket sales via Erasmus Sport

Step 1: Go to <https://webshop.erasmussport.nl/>

Step 2: Click on 'Log in as new user' and enter your desired username and password

Step 3: Fill in your personal details

Step 4: Agree to the terms and conditions and click 'Sign up'

Step 5: Log in to your account and click on 'Courses'

Step 6: Click on 'GNSK Party' and then on 'Register'

Step 7: Mark the box with your own name, put your order 'In shopping cart' and complete the payment process

Protest Committee

During the tournament, a protest may be submitted to the protest committee of the GNSK organisation by the team captain (in the case of a team tournament) or by an individual participant (in the case of an individual tournament). The protest must be submitted within 1 hour after the end of the match.

Team captains or participants may file a protest against other participants/teams based on the participation right and competition rules. Decisions of referees or other officials cannot be challenged, nor can the rules of the GNSK, the rules of the campsite and other articles of the event regulations of Student Sport Netherlands.

To file a protest, the following steps must be fulfilled:

- The chairman of the sports committee must be informed of the protest as soon as possible after the end of the match in which the alleged offence took place.
- The protest must be sent in by e-mail to info@studentensport.nl. The mail must be complete and sent within one hour of the end of the match.
- The protest must be signed by an official representative of the team and must contain the following elements:
 - Date, time and location of the incident
 - The relevant article that has been breached
 - A description of the situation
 - The name(s) of the protesting team/participants, signed

On Saturday, protests will be dealt with no later than the end of the day. On Sunday, protests will be dealt with as soon as possible, but no later than two hours after the protest is submitted. All protests must be settled before the start of the finals.

Match regulations (NL and EN)

Wedstrijdreglement Klimmen

GNSK 2024 / NSK Lead 2024

Speelgerechtigdheid

1. Per Overkoepelende Studenten Sport Organisatie (hierna: OSSO)/stad kunnen meerdere individuen worden ingeschreven. De eerste drie ingeschreven mannen en de eerste drie ingeschreven vrouwen per OSSO/stad hebben altijd recht om mee te doen. Afhankelijk van het aantal ingeschreven individuen wordt besloten of de andere individuen mee kunnen doen. Mochten er te veel individuen zijn voor de overgebleven plekken, gaat deelname op basis van volgorde van inschrijving.

2. De ingeschreven deelnemers van een OSSO/stad mogen uitsluitend bestaan uit studenten die voldoen aan de voorwaarden als gesteld in hoofdstuk 1 van het evenementenreglement van SSN. Bij overtreding van deze regel worden alle resultaten van deze deelnemer geschrapt. Als er een ongerechtigde deelnemer meedoet aan het GNSK, wordt er een boete van €200,- in rekening gebracht bij de OSSO/vertegenwoordigende organisatie in de stad voor welke die deelnemer uitkomt.

Wedstrijdbepalingen

3. Mannelijke en vrouwelijke deelnemers komen uit in een apart toernooi, maar klimmen tijdens de kwalificatie dezelfde routes. Er zijn circa 15 kwalificatieroutes met niveau 5a tot en met 7c, waarvan het merendeel toprope zal zijn. Bij een deel van de routes kan het zijn dat er voorgeklommen moet worden. Deelnemers mogen ter kwalificatie elke route maximaal 1 keer klimmen, maar kunnen ook

routes overslaan. De klimcommissie bepaalt vooraf hoelang de kwalificatie duurt. Van alle kwalificatieroutes zal vooraf een filmpje beschikbaar worden gesteld waar de route te zien is.

4. Elke klimmer krijgt een individueel papiertje met alle kwalificatieroutes, waar de deelnemer (op vertrouwen) zelf invult welke klimroutes hij/zij geflasht heeft of tot welke zone hij/zij is gekomen. Indien hier misbruik van wordt gemaakt, neemt de klimcommissie de bindende beslissing om deze klimmer te diskwalificeren.

5. Gebaseerd op de hoogste kwalificatiescores zullen de 3 beste mannelijke en 3 beste vrouwelijke klimmers doorgaan naar de finale. De klimcommissie kan besluiten om van dit aantal af te wijken indien zij dit nodig acht.

6. De finales voor mannen en vrouwen zullen allebei een eigen leadroute hebben. Deze routes worden pas bekend gemaakt zodra de finalisten in afzondering zijn.

7. De puntentelling voor mannen en vrouwen in de finale is identiek. Er wordt gekeken hoe ver de klimmer komt in de route aan de hand van de grepen. Er mogen hierbij grepen worden overgeslagen. Bij een gelijke score is de tijd de beslissende factor.

8. Bezwaren en/of onregelmatigheden dienen zo snel mogelijk na deelname gemeld te worden bij de klimcommissie tot maximaal 30 minuten na bekendmaking van de uitslag. Hierna overlegt de klimcommissie met de juryleden of de uitslag aangepast moet worden. Tegen dit besluit is geen bezwaar mogelijk.

Slotbepalingen

9. Deelnemers dienen zelfvoorzienend te zijn op het gebied van deugdelijk materiaal en toebehoren.

10. De organisatie draagt geen verantwoordelijkheid voor ongevallen of schade aan derden vóór, tijdens of na de wedstrijd. Deelname geschiedt op eigen risico.

11. De organisatie draagt geen verantwoordelijkheid voor diefstal vóór, tijdens of na de competitie.

12. Voor zover in bovenstaande punten geen uitzondering wordt gemaakt, zijn de [reglementen van de NKBV](#) van kracht.

13. In alle gevallen behoudt de klimcommissie zich het recht voor om een bindende beslissing te nemen.

Regulations Sports climbing

GNSK 2024 / NSK Lead 2024

Eligibility

1. Each Student Sport Council (OSSO) or city can register multiple individuals. The first three registered men and the first three registered women per OSSO or city always have the right to participate. Depending on the number of registered individuals, a decision will be made regarding the participation of other individuals. If there are too many individuals for the remaining spots, participation will be based on the order of registration.

2. The registered individuals from an OSSO or city may only consist of students who meet the requirements as set in Chapter 1 of the SSN event regulations. In case of a violation of this rule, all results from the individual will be invalidated. If an ineligible participant takes part in the GNSK, a fine of €200 will be charged to the OSSO or representative organization in the city to which the participant belongs.

Match provisions

3. Male and female participants compete in separate tournaments, but they climb the same routes during the qualification round. There are approximately 15 qualification routes ranging from level 5a to 7c, the majority will be top-rope, with some requiring lead climbing. Participants are allowed to climb each route for qualification only once, but they can also choose to skip routes. The climbing committee determines the duration of the qualification round in advance. Videos of all qualification routes will be made available beforehand.

4. Each climber receives an individual sheet listing all qualification routes, where the participant (based on trust) self-reports which routes they flashed or up to which zone they reached. If there is abuse of this system, the climbing committee has the binding authority to disqualify the climber.

5. Based on the highest qualification scores, the top 3 male and top 3 female climbers will advance to the finals. The climbing committee may decide to deviate from this number of finalists if deemed necessary.

6. The finals for men and women will each have their own lead route. These routes will only be revealed once the finalists are in isolation.

7. The scoring for men and women in the finals is identical. The performance of the climber in the route, based on the holds, is assessed, allowing for the skipping of holds. In the case of a tie, time becomes the deciding factor.

8. Objections and/or irregularities must be reported to the climbing committee as soon as possible after participation, up to a maximum of 30 minutes after the announcement of the results. After this period, the climbing committee consults with the judges to determine if the results need adjustment. There is no further appeal against this decision.

Closing provisions

9. Participants are required to be self-sufficient in terms of proper equipment and accessories.

10. The organization is not responsible for accidents or damage to third parties before, during, or after the match. Participation is at your own risk.

11. The organization is not responsible for theft before, during, or after the competition.

12. In the absence of exceptions in the above points, the [regulations of NKBV](#) are in force.

13. In all cases, the climbing committee reserves the right to make a binding decision.