

## Judo Regulations

### GNSK 2025

#### Team composition and eligibility

1. Per Overkoepelende Studenten Sport Organisatie (hereinafter: OSSO)/city, several teams can be registered. A team consists of a minimum of 6 and a maximum of 12 people. The first registered team per OSSO/city is always entitled to participate. Depending on the number of teams registered, it will be decided whether the other teams can participate. Should there be too many teams for the remaining places, participation will be in order of registration.

2. The registered participants of an OSSO/city may only consist of students who meet the conditions as stated in chapter 1 of SSN's event regulations. If this rule is violated, the team loses all competitions. If an unauthorised participant competes in the GNSK, a fine of €200 will be charged to the OSSO/representing organisation in the city for which that participant competes.

3. Each team's list of participants must be handed in to the competition organisation no later than one week before the start of the tournament.

4. The GNSK Judo 2025 is organised under the auspices of Student Sport Netherlands (SSN) and follows the rules and guidelines of the Judo Bond Nederland (JBN) and the International Judo Federation (IJF).

5. The tournament will be organised in the SportQube located at Rosa de Limastraat 23, 6543 JG Nijmegen. The organisation of the tournament takes place out of cooperation of local associations.

#### Match provisions

6. The tournament will be held in the form of a **mixed-team** tournament, with each team consisting of both men and women.

7. Each team shall consist of a minimum of **6 participants**, with three women and three men. The format will be as follows:

- **Women:** -57 kg, -70 kg, +70 kg
- **Men:** -73 kg, -90 kg, +90 kg

8. Teams may field a maximum of two competitors per weight class, but only one judoka per weight class will be used during a team encounter.



9. Depending on the number of entries, the competition will be organised in a pool system or an elimination system with resits. This will be announced to the participating teams no later than one week before the tournament.

10. The official weigh-in takes place on race day, two hours before the start of the first race. Per gender, Teams should weigh as a whole.

11. Competitors must be below or at the weight specified in Article 2.2 during the weigh-in for participation within the weight class. No weight margin is allowed.

12. A competitor may compete in a weight class that is one class higher than in which he/she is officially weighed. The coach must submit the line-up to the competition management prior to the competition.

13. Verification of the necessary documents (a valid certificate of registration with an educational institution) will take place during the weigh-in.

14. Only participants who have been officially weighed in are entitled to participate in the tournament.

15. Matches will be held according to the rules of the IJF, supplemented by the provisions of the JBN Competition Rules (chapter 4.03). Any deviations will be communicated prior to the tournament.

16. The **match time** shall be four minutes. In case of a draw, the match is immediately extended with a **golden score** without time limit, with the first score determining the winner.

18. **Scoring:** For each match won, a team will receive one point. A team encounter consists of six matches. In case of a tie in the final score (3-3), a decider match follows, in which a weight class is determined by drawing lots. This match is started directly in the golden score phase.

19. Missing participants: For each missing participant in a team, the match in question is considered lost. The other team is automatically awarded a point for that match without an actual match being fought.

20. Minimum team size: A team must consist of at least four participants. Teams appearing on the mat with less than four participants will be disqualified and lose the team encounter with a score of 6-0 in favour of the other team.



21. Completeness before start: Teams must submit their complete team line-up, including any reserves, to the tournament management in good time before the start of the tournament. If a team is incomplete at the time of the first team encounter, the upper

22. Teams are expected to appear on the mat in the same colour judogi.

23. During the award ceremony, the entire team must appear in the same colour judogi.

24. To distinguish the teams during the matches, each team must have sufficient red and white belts available for the team. As indicated on the match schedule, the left team will wear an extra white belt, and the right team will wear an extra red belt.

25. Protective equipment (knee pads, wrist braces and similar self-protective equipment) is permitted provided that this is deemed reasonable by the referee. All visible hard (plastic or metal) parts of these must be covered with sports tape.

26. A first aid team will be present at the tournament, in accordance with the JBN safety regulations (chapter 4.03, article 7). At least one first aid worker must be present for every two competition mats.

27. In the event of injuries, the medical staff will decide whether the participant may continue to participate. This decision is binding.

### **9. Closing provisions**

28. In all cases not provided for in these regulations, the tournament management will decide in consultation with the tournament organization and the NSCJ.

29. The organization is not responsible for theft or damage to property during the tournament.

