

Regulations Football

GNSK 2025

Team composition and eligibility

1. Each Student Sport Council (OSSO) or city can register multiple men's and women's teams. A men's team consists of a minimum of 11 and a maximum of 16 players. A women's team consists of a minimum of 7 and a maximum of 12 players. The first team registered per OSSO or city always has the right to participate. Depending on the number of registered teams, a decision will be made regarding the participation of the other teams. If there are too many other teams for the remaining spots, participation will be based on the order of registration.
2. The registered participants from an OSSO or city may only consist of students who meet the requirements as set in Chapter 1 of the SSN event regulations. In case of a violation of this rule, the team will forfeit all matches. If an ineligible participant takes part in the GNSK, a fine of €200 will be charged to the OSSO or representative organization in the city to which the participant belongs.
3. The team lineup must be provided to the football committee before the start of each match. If an OSSO or city sends more participating teams, players cannot be swapped or participate in other teams. If this happens, Article 2 applies.
4. The winner of the football tournament of the GNSK 2025 qualifies for the European Universities Championships (EUC) in 2026.

Match provisions

5. The preliminary rounds of the team tournament consist of groups. The group placement is determined by drawing, with teams seeded according to Implementation Regulation Seeding GNSK 2025 and, if possible, teams from the same OSSO or city distributed across different groups. The football committee decides, prior to the draw, how many teams per group qualify for the final bracket, which is played through a knockout system.



6. In case of a won match, a team receives 3 points, and in case of a draw, 1 point. The final ranking in the group is determined by the total number of points a team has earned. In the event of a tie in the group stage, the ranking is decided successively by the head-to-head result, the goal difference and the number of goals scored. If no decision is reached, five different players from each team take one penalty each. If necessary, both teams will then take turns with penalties until a decision is reached. In a penalty shootout series, the goalkeeper may not be substituted unless injured.

7. Men play their matches on a full field with 11 players per team and women play their matches on a half field with 7 players per team.

8. The matches last two times 20 minutes with a 5-minute break. Teams will switch halves during the break.

9. Substitutions are allowed during the matches, but only during a dead ball moment (after the referee's whistle). Players can be substituted in and out multiple times.

10. If a player receives a yellow card, he/she is given a time penalty and must leave the field for five minutes.

11. If a player receives a red card (or a second yellow), he/she must leave the field and is suspended for the next match.

12. If a match in the knockout bracket ends in a draw, it is extended by two times 5 minutes. If necessary, penalty kicks are taken (in the same manner as described in article 6).

13. Teams must be present and ready to play at the time indicated in the schedule. If a team is not present at the specified time, the team loses the match. The score will be recorded as 3-0 in favor of the present team.

14. Each team must provide their own linesman.

15. The teams must wear shirts with numbers. If necessary, the team mentioned second on the match schedule is responsible for providing reserve shirts.

16. Officially approved match balls will be used. The match balls will be provided by the football committee. Practice balls should be brought by the teams themselves.

17. Protests will not be accepted as far as they concern referee decisions.





Closing provisions

18. The organization is not responsible for accidents or damage to third parties before, during, or after the match. Participation is at your own risk.

19. The organisation bears no responsibility for theft before, during or after the competition.

20. In the absence of exceptions in the above points, the [regulations of the KNVB](#) are in force.

21. In all cases, the football committee reserves the right to make a binding decision.

